



Caregiver Support Group

Presented by:

Alzheimer's Association

Long Island Chapter

Second Tuesday of the month
10-11 a.m.



Self-Initiated Living Options, Inc

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Medford, NY 11763

Visit alz.org/longisland to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.